

FIVE STAR HEALTH MANAGEMENT BENEFITS



MILDURA HEALTH FUND'S FIVE STAR MANAGEMENT BENEFITS ARE OUR WAY OF HELPING YOU STAY HEALTHY AND LIVE WELL.

What cover do I need to have?

Five Star Health Management benefits are payable on our comprehensive, E1- Five Star Extras cover only.

When can I start claiming?

As long as you have served your 6 month waiting period, you can start straight away. Give us a call before you start a health management program to check exactly what you are covered for, and what is required to be able to claim benefits from the Mildura Health Fund.

Claiming Requirements:

- If you are diagnosed with a health condition by your medical practitioner and they have recommended a fitness/prevention program to help you manage or improve your condition, you may be eligible to claim.
- A Mildura Health Fund Benefit Approval Form must be completed in order to claim for fitness/prevention program benefits, and improvement and weight management programs. An approval form is not required for health screenings. The approval must be signed by your medical practitioner and include their Medicare (DOH) Provider number.
- A new Mildura Health Fund Benefit Approval Form is required per health management program, then every 12 months thereafter in order for benefits to continue.
- A fully itemised, receipted account is required in order for benefits to be paid by the Fund.

What is covered?

HEALTH SCREENINGS #	FITNESS AND PREVENTION PROGRAMS	IMPROVEMENT & WEIGHT MANAGEMENT PROGRAMS*
	MHF BENEFIT APPROVAL REQUIRED**	
Mole Mapping Removal of sun spots MRI, CT & PET scans Bowel cancer test kits Lung function tests	Swimming Lessons Personal training programs Group training	Quit Smoking Nicotine replacement Weight Watchers Tony Ferguson Jenny Craig Cohens Weight Loss

Fund Benefits not payable where a Medicare benefit is applicable, * Benefits payable for weight loss membership fees only
 **An MHF benefit approval form can be downloaded from our website mildurahealthfund.com.au or emailed to you on request